

SAMPLE WEEK

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Eggs to Order Sausage Cold Cereal Cinnamon Roll Choice of Juice and/or Milk	French Toast Eggs to Order Cold Cereal Choice of Juice and/or Milk	Eggs to Order Bacon Cold Cereal Pumpkin Muffin Choice of Juice and/or Milk	Waffles Eggs to Order Cold Cereal Choice of Juice and/or Milk	Pancakes Eggs to Order Cold Cereal Choice of Juice and/or Milk	Omelet Sausage Cold Cereal Choice of Juice and/or Milk	Eggs to Order Oatmeal Cold Cereal Choice of Juice and/or Milk
NOON	Herbed Pork Loin Pork Gravy Baked Sweet Potato Mixed Vegetables Roll Blueberry Pie Choice of Juice and/or Milk	Shepherd's Pie Seasonal Vegetable Baby Carrots French Silk Pie Choice of Juice and/or Milk	Seasoned Chicken Breast Buttered Noodles Brussel Sprouts Bread Pumpkin Cake Choice of Juice and/or Milk	Glazed Ham Scalloped Potato Green Beans Bread Melon Choice of Juice and/or Milk	Polish Sausage Homemade Macaroni & Cheese Peaches Cookie Choice of Juice and/or Milk	Shrimp Scampi Angel Hair Pasta Alfredo Broccoli Garlic Toast Apple Pie Choice of Juice and/or Milk	Roast Beef Mashed Potatoes Beef Gravy Baby Carrots Bread Pudding w/ Caramel Sauce Choice of Juice and/or Milk
EVENING	Chicken Tenders Mashed Potatoes Country Gravy Seasoned Peas Bread Blushing Pears Choice of Juice and/or Milk	Chili Crackers Cornbread Tossed Greens w/ Drsg Pudding Parfait Choice of Juice and/or Milk	Fish Sandwich Creamy Coleslaw Potato Pancakes Fruit Cup Choice of Juice and/or Milk	Beef Burrito Bowl Shredded Lettuce/Tomato Tortilla Chips w/ Salsa Rice Krispy Bar Choice of Juice and/or Milk	Cheeseburger on Bun Potato Salad Strawberries & Bananas Ice Cream Sundae Choice of Juice and/or Milk	Cream of Tomato Soup Crackers Grilled Cheese Sandwich Marinated Cucumbers Vanilla Yogurt w/ Fruit Choice of Juice and/or Milk	Chicken Salad Sandwich Pretzels Banana Cookie Choice of Juice and/or Milk

SAMPLE WEEK

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Eggs to Order Sausage Cold Cereal Cinnamon Roll Choice of Juice and/or Milk	French Toast Eggs to Order Cold Cereal Choice of Juice and/or Milk	Eggs to Order Bacon Cold Cereal Pumpkin Muffin Choice of Juice and/or Milk	Waffles Eggs to Order Cold Cereal Choice of Juice and/or Milk	Pancakes Eggs to Order Cold Cereal Choice of Juice and/or Milk	Omelet Sausage Cold Cereal Choice of Juice and/or Milk	Eggs to Order Oatmeal Cold Cereal Choice of Juice and/or Milk
NOON	Roast Turkey Cranberry Sauce Mashed Potatoes Turkey Gravy Stuffing & Carrots Banana Cream Pie Choice of Juice and/or Milk	Sitalian Pasta Bake Tossed Salad W/ Drsg Garlic Toast Peach Crisp Choice of Juice and/or Milk	Meatloaf Mashed Potatoes Beef Gravy Peas Bread Baked Apples Choice of Juice and/or Milk	Pork Loin Chops in Gravy Parsley Buttered Cubed Potatoes Beets Bread Fresh Fruit Choice of Juice and/or Milk	Sweet Onion Cranberry Chicken Baked Potato Corn Bread Strawberry Pie Choice of Juice and/or Milk	Seasoned Fish Baked Potato/Marg Broccoli Bread Grapes Choice of Juice and/or Milk	Beef Stew Biscuit Tossed Greens W/ Drsg Glazed Angel Food Cake Choice of Juice and/or Milk
EVENING	Beef Sandwich Creamy Horseradish Sauce Potato Wedges Pineapple Cookie	Hamburger Lettuce & Tomato Slice Fried Potatoes Vanilla Yogurt w/ Fruit Choice of Juice and/or Milk	Homemade Chicken Soup Crackers 1/2 Deli Sandwich Lettuce & Tomato Slice Chocolate Chip Cookie Choice of Juice and/or Milk	Bbq Rib Sandwich Potato Chips Creamy Coleslaw Cup Cake Choice of Juice and/or Milk	Vegetable Beef Soup Cottage Cheese w/ Pears Cornbread Muffin Brownie Choice of Juice and/or Milk	Grilled Asian Chicken Fried Rice Green Beans Raspberry Peaches Choice of Juice and/or Milk	Brat on Bun Potato Salad Baked Beans Sherbet Choice of Juice and/or Milk